

**INSTRUCTIONS FOR DR. WHITE'S PATIENTS
BILATERAL MYRINGOTOMY WITH VENTILATION TUBE INSERTION**

1. **Please do not give the child anything to eat or drink after midnight the night before surgery.** After surgery, a regular diet can be resumed.
2. Use the ear drops 3 times a day for the first 3 days after surgery. If your child complains of burning when the drops are used, discontinue use.
3. Drainage from the ear is normal for the first few days after surgery. If the drainage occurs after the first three days, please call our office and have a pharmacy phone number available. We will call in an antibiotic eye drop to be used in the ear.
4. Use Children's Tylenol or Tempra, every 4-6 hours, as needed for pain. No Motrin or Advil for the first two days after surgery.
5. Avoid getting water in the ears. We can fit your child with Doc's ear plug, or if you prefer, our audiologist will make custom floatable molds. You can also purchase Mack's ear putty from your pharmacy or grocery store.
6. Return for a post-operative visit three weeks after surgery, and again 6 months after surgery for a hearing evaluation.
7. Please call us for any questions or concerns that you may have regarding your child's status at (770)777-1100.